

# Infant Menu- January 2017

Date	Age	Age	Age	Monday	Tuesday		Thursday	Friday
	0-3 Mos	4-7 Mos	8-11 Mos		3-Jan	4-Jan	5-Jan	6-Jan
<b>Breakfast</b>					Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz		Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2Tbsp	3 Tbs		Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp		Applesauce	Bananas	Peaches	Applesauce
<b>AM Snack</b>						Milk		Milk
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz		Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice or fruit					Apple Juice		Apple Juice	
Bread or Cracker			1/2 Slice/2 Pieces		Cookie	Enriched Brd	Goldfish Cracker	Saltine Cracker
<b>Lunch &amp; Dinner</b>					Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz		Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2 Tbsp	3 Tbsp		Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces		Enriched Brd	Spaghetti Pasta	Enriched Bread	Fahita Wrap
Meat			3 Tbsp		Turkey	Beef	Chicken	Cheese
Fruit or Vegetable			4 Tbsp		Pears	Green Beans	Carrots	Peas
<b>PM Snack</b>							Milk	
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz		Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice, Fruit or Vegetable			4-8 oz		Pears	Apple Juice		Peaches
Bread or Cracker			1/2 Slice/2 Pieces		Saltines	W.Wheat Crackers	W.Wheat Crackers	Wafers

Date	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
	0-3 Mos	4-7 Mos	8-11 Mos	9-Jan	10-Jan	11-Jan	12-Jan	13-Jan
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Pears	Applesauce	Bananas	Peaches	Applesauce
<b>AM Snack</b>				Milk		Milk		Milk
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice or fruit					White Grape Juice	Applesauce	Apple Juice	
Bread or Cracker			1/2 Slice/2 Pieces	Wheat Thins	Oatmeal Cookie	W.Wheat Crackers	Cheese Crackers	WW Animal Crackers
<b>Lunch &amp; Dinner</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Pasta	Bread	Pasta	Egg Noodles	Rice
Meat			3 Tbsp	Chicken	Beef	Turkey	Beef	Chicken
Fruit or Vegetable			4 Tbsp	Green Beans	Pears	Sweet Potatoes	Squash	Peas
<b>PM Snack</b>					Milk		Milk	
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice, Fruit or Vegetable			4-8 oz	Bananas	Apple Juice	White Grape Juice		White Grape Juice
Bread or Cracker			1/2 Slice/2 Pieces	Grahm Cracker	Saltines	W.Wheat Crackers	W.Wheat Crackers	Wafers

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	16-Jan	17-Jan	18-Jan	19-Jan	20-Jan
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Bananas	Applesauce	Pears	Applesauce	Peaches
<b>AM Snack</b>						Milk		
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice or fruit				White Grape Juice	Peaches			Apple Juice
Bread or Cracker			1/2 Slice/2 Pieces	Wheat Thins	Saltine Cracker	Graham Cracker	Enriched Bread	Wafer
<b>Lunch &amp; Dinner</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enriched Bread	Enriched Bread	Egg Noodles	Enriched Bread	Enriched Bread
Meat			3 Tbsp	Cheese	Turkey	Chicken	Chicken	Turkey
Fruit or Vegetable			4 Tbsp	Green Beans	Carrots	Green Beans	Carrots	Green Beans
<b>PM Snack</b>				Milk	Milk		Milk	Milk
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice, Fruit or Vegetable			4-8 oz			Apple Juice		
Bread or Cracker			1/2 Slice/2 Pieces	Cookie	Saltines	W.Wheat Crackers	Grm Cracker	Cookie

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	23-Jan	24-Jan	25-Jan	26-Jan	27-Jan
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Peaches	Applesauce	Bananas	Peaches	Pears
<b>AM Snack</b>					Milk	Milk		
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice or fruit				Apple Juice			Apple Juice	Apple Juice
Bread or Cracker			1/2 Slice/2 Pieces	Cheese Cracker	Oatmeal Cookie	Enriched Brd	Cheese Crackers	Wafer
<b>Lunch &amp; Dinner</b>				Milk	Milk		Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enriched Bread	Enriched Bread	Pasta	Enriched Bread	Enriched Bread
Meat			3 Tbsp	Beef	Chicken	Cheese	Chicken	Turkey
Fruit or Vegetable			4 Tbsp	Sweet Potatoes	Carrots	Green Beans	Carrots	Green Beans
<b>PM Snack</b>				Milk	Milk		Milk	Milk
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice, Fruit or Vegetable			4-8 oz			Apple Juice		
Bread or Cracker			1/2 Slice/2 Pieces	W.Wheat Crackers	Wafers	W.Wheat Crackers	W.Wheat Crackers	Cookie

		Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
		4-7 Mos	8-11 Mos	30-Jan	31-Jan			
				Milk	Milk			
		4-8 oz	6-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron			
		2Tbsp	3 Tbs	Rice	Rice			
			2 Tbsp	Applesauce	Pears			
				Milk				
		4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron			
					Pears			
			1/2 Slice/2 Pieces	Wheat Crackers	Wheat Thins			
				Milk	Milk			
		4-8 oz	4-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron			
		2 Tbsp	3 Tbsp	Rice	Rice			
			1/2 Slice/2 Pieces	Enriched Roll	Crackers			
			3 Tbsp	Cheese	Beef			
			4 Tbsp	Applesauce	Carrots			
					Milk			
		4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron			
			4-8 oz	Apple Juice				
			1/2 Slice/2 Pieces	Wafers	Cookie			

# Infant Menu-February 2017

Date	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
	0-3 Mos	4-7 Mos	8-11 Mos			1-Feb	2-Feb	3-Feb
<b>Breakfast</b>						Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz			Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2Tbsp	3 Tbs			Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp			Pears	Applesauce	Bananas
<b>AM Snack</b>								Milk
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz			Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice or fruit						Pears	Apple Juice	
Bread or Cracker			1/2 Slice/2 Pieces			Wheat Thins	Cookie	Enriched Brd
<b>Lunch &amp; Dinner</b>						Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz			Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2 Tbsp	3 Tbsp			Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces			Crackers	Enriched Brd	Spaghetti Pasta
Meat			3 Tbsp			Beef	Cheese	Beef
Fruit or Vegetable			4 Tbsp			Sweet Potatoes	Squash	Green Beans
<b>PM Snack</b>							Milk	
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz			Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice, Fruit or Vegetable			4-8 oz					Apple Juice
Bread or Cracker			1/2 Slice/2 Pieces			Cookie	Saltines	W.Wheat Crackers

Date	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
	0-3 Mos	4-7 Mos	8-11 Mos	6-Feb	7-Feb	8-Feb	9-Feb	10-Feb
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Peaches	Applesauce	Pears	Applesauce	Bananas
<b>AM Snack</b>					Milk	Milk		Milk
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice or fruit				Apple Juice			White Grape Juice	Applesauce
Bread or Cracker			1/2 Slice/2 Pieces	Goldfish Cracker	Saltine Cracker	Wheat Thins	Oatmeal Cookie	W.Wheat Crackers
<b>Lunch &amp; Dinner</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enriched Bread	Fahita Wrap	Pasta	Bread	Pasta
Meat			3 Tbsp	Chicken	Beef	Chicken	Turkey	Cheese
Fruit or Vegetable			4 Tbsp	Squash	Corn	Green Beans	Bananas	Sweet Potatoes
<b>PM Snack</b>					Milk		Milk	
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice, Fruit or Vegetable			4-8 oz	Bananas		Apple Juice		White Grape Juice
Bread or Cracker			1/2 Slice/2 Pieces	Graham Cracker	Wafers	W.Wheat Crackers	Saltines	Cookie

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	13-Feb	14-Feb	15-Feb	16-Feb	17-Feb
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Peaches	Applesauce	Bananas	Applesauce	Pears
<b>AM Snack</b>					Milk		Milk	Milk
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice or fruit				Apple Juice		White Grape Juice		
Bread or Cracker			1/2 Slice/2 Pieces	Cheese Crackers	Oatmeal Cookies	Wheat Thins	Saltine Cracker	Graham Cracker
<b>Lunch &amp; Dinner</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Egg Noodles	Rice	Enriched Bread	Enriched Bread	Egg Noodles
Meat			3 Tbsp	Beef	Chicken	Cheese	Turkey	Chicken
Fruit or Vegetable			4 Tbsp	Carrots	Green Beans	Sweet Potatoes	Carrots	Green Beans
<b>PM Snack</b>				Milk		Milk	Milk	
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice, Fruit or Vegetable			4-8 oz		White Grape Juice			Apple Juice
Bread or Cracker			1/2 Slice/2 Pieces	W.Wheat Crackers	Wafers	Cookie	Saltines	Graham Cracker

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	20-Feb	21-Feb	22-Feb	23-Feb	24-Feb
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Applesauce	Peaches	Applesauce	Peaches	Applesauce
<b>AM Snack</b>						Milk		Milk
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice or fruit				Peaches	Apple Juice		Apple Juice	
Bread or Cracker			1/2 Slice/2 Pieces	Enriched Bread	Cheese Cracker	Oatmeal Cookie	Saltine Cracker	Graham Cracker
<b>Lunch &amp; Dinner</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enriched Bread	Enriched Bread	Enriched Bread	Egg Noodles	Rice
Meat			3 Tbsp	Chicken	Turkey	Cheese	Beef	Chicken
Fruit or Vegetable			4 Tbsp	Squash	Corn	Green Beans	Bananas	Sweet Potatoes
<b>PM Snack</b>				Milk	Milk		Milk	
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice, Fruit or Vegetable			4-8 oz			Bananas		White Grape Juice
Bread or Cracker			1/2 Slice/2 Pieces	Van. Wafer	W.Wheat Crackers	Graham Cracker	Enr. Brd	Cookie

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	27-Feb	28-Feb			
<b>Breakfast</b>				Milk	Milk			
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron			
Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice			

Fruit or Vegetable			2 Tbsp	Peaches	Applesauce			
<b>AM Snack</b>					Milk			
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron			
Juice or fruit				Apple Juice				
Bread or Cracker			1/2 Slice/2 Pieces	Goldfish Cracker	WW Cookie			
<b>Lunch &amp; Dinner</b>				Milk	Milk			
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron			
Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice			
Bread or bread substitute			1/2 Slice/2 Pieces	Enriched Bread	Enriched Roll			
Meat			3 Tbsp	Chicken	Turkey			
Fruit or Vegetable			4 Tbsp	Squash	Green Beans			
<b>PM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron			
Juice, Fruit or Vegetable			4-8 oz	Bananas	Apple Juice			
Bread or Cracker			1/2 Slice/2 Pieces	Graham Cracker	Wafers			

# Infant Menu-March 2017

Date	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
	0-3 Mos	4-7 Mos	8-11 Mos			1-Mar	2-Mar	3-Mar
<b>Breakfast</b>						Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz			Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2Tbsp	3 Tbs			Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp			Pears	Applesauce	Bananas
<b>AM Snack</b>								Milk
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz			Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice or fruit						Pears	Apple Juice	
Bread or Cracker			1/2 Slice/2 Pieces			Wheat Thins	Cookie	Enriched Brd
<b>Lunch &amp; Dinner</b>						Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz			Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2 Tbsp	3 Tbsp			Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces			Crackers	Enriched Brd	Spaghetti Pasta
Meat			3 Tbsp			Beef	Turkey	Chicken
Fruit or Vegetable			4 Tbsp			Carrots	Pears	Green Beans
<b>PM Snack</b>						Milk		
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz			Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice, Fruit or Vegetable			4-8 oz				Pears	Apple Juice
Bread or Cracker			1/2 Slice/2 Pieces			Cookie	Saltines	W.Wheat Crackers

Date	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
	0-3 Mos	4-7 Mos	8-11 Mos	6-Mar	7-Mar	8-Mar	9-Mar	10-Mar
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Peaches	Applesauce	Pears	Applesauce	Bananas
<b>AM Snack</b>					Milk	Milk		Milk
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice or fruit				Apple Juice			White Grape Juice	Applesauce
Bread or Cracker			1/2 Slice/2 Pieces	Goldfish Cracker	Saltine Cracker	Wheat Thins	Oatmeal Cookie	W.Wheat Crackers
<b>Lunch &amp; Dinner</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enriched Bread	Fahita Wrap	Pasta	Bread	Pasta
Meat			3 Tbsp	Chicken	Turkey	Chicken	Beef	Turkey
Fruit or Vegetable			4 Tbsp	Carrots	Peas	Green Beans	Pears	Sweet Potatoes
<b>PM Snack</b>				Milk			Milk	
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice, Fruit or Vegetable			4-8 oz		Peaches	Bananas	Apple Juice	White Grape Juice
Bread or Cracker			1/2 Slice/2 Pieces	W.Wheat Crackers	Wafers	Graham Cracker	Saltines	W.Wheat Crackers

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	13-Mar	14-Mar	15-Mar	16-Mar	17-Mar
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Peaches	Applesauce	Bananas	Applesauce	Pears
<b>AM Snack</b>					Milk			Milk
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice or fruit				Apple Juice		White Grape Juice	Peaches	
Bread or Cracker			1/2 Slice/2 Pieces	Cheese Crackers	WW Animal Crackers	Wheat Thins	Saltine Cracker	Graham Cracker
<b>Lunch &amp; Dinner</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Egg Noodles	Rice	Enriched Bread	Enriched Bread	Egg Noodles
Meat			3 Tbsp	Beef	Chicken	Cheese	Turkey	Chicken
Fruit or Vegetable			4 Tbsp	Squash	Peas	Green Beans	Carrots	Green Beans
<b>PM Snack</b>				Milk		Milk	Milk	
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice, Fruit or Vegetable			4-8 oz		White Grape Juice			Apple Juice
Bread or Cracker			1/2 Slice/2 Pieces	W.Wheat Crackers	Wafers	Cookie	Saltines	W.Wheat Crackers
	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	20-Mar	21-Mar	22-Mar	23-Mar	24-Mar
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Applesauce	Peaches	Peaches	Applesauce	Bananas
<b>AM Snack</b>							Milk	Milk
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice or fruit					Apple Juice	Apple Juice		
Bread or Cracker			1/2 Slice/2 Pieces	Enriched Bread	Wafer	Cheese Cracker	Oatmeal Cookie	Enriched Brd
<b>Lunch &amp; Dinner</b>				Milk	Milk	Milk	Milk	
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enriched Bread	Enriched Bread	Enriched Bread	Enriched Bread	Pasta
Meat			3 Tbsp	Chicken	Turkey	Beef	Chicken	Cheese
Fruit or Vegetable			4 Tbsp	Carrots	Green Beans	Sweet Potatoes	Carrots	Green Beans
<b>PM Snack</b>				Milk	Milk	Milk	Milk	
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron



Juice, Fruit or Vegetable			4-8 oz					Apple Juice
Bread or Cracker			1/2 Slice/2 Pieces	Grm Cracker	Cookie	W.Wheat Crackers	Wafers	W.Wheat Crackers
	<b>Age</b>	<b>Age</b>	<b>Age</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Date</b>	<b>0-3 Mos</b>	<b>4-7 Mos</b>	<b>8-11 Mos</b>	<b>27-Mar</b>	<b>28-Mar</b>	<b>29-Mar</b>	<b>30-Mar</b>	<b>31-Mar</b>
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Peaches	Applesauce	Pears	Applesauce	Peaches
<b>AM Snack</b>					Milk	Milk		Milk
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice or fruit				Apple Juice			White Grape Juice	
Bread or Cracker			1/2 Slice/2 Pieces	Goldfish Cracker	Saltine Cracker	Wheat Thins	Oatmeal Cookie	Wheat Crackers
<b>Lunch &amp; Dinner</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enriched Bread	Fahita Wrap	Pasta	Bread	Enriched Roll
Meat			3 Tbsp	Chicken	Turkey	Chicken	Beef	Turkey
Fruit or Vegetable			4 Tbsp	Carrots	Peas	Green Beans	Pears	Applesauce
<b>PM Snack</b>				Milk			Milk	
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice, Fruit or Vegetable			4-8 oz		Peaches	Bananas	Apple Juice	Apple Juice
Bread or Cracker			1/2 Slice/2 Pieces	W.Wheat Crackers	Wafers	Grahm Cracker	Saltines	Wafers

# Infant Menu-April 2017

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	3-Apr	4-Apr	5-Apr	6-Apr	1-Apr
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Peaches	Applesauce	Pears	Applesauce	Bananas
<b>AM Snack</b>					Milk			Milk
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice or fruit				Apple Juice		Pears	Apple Juice	
Bread or Cracker			1/2 Slice/2 Pieces	Cheese Crackers	WW Cookie	Wheat Thins	Cookie	Enriched Brd
<b>Lunch &amp; Dinner</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enriched Bread	Enriched Roll	Crackers	Enriched Brd	Spaghetti Pasta
Meat			3 Tbsp	Chicken	Turkey	Beef	Cheese	Beef
Fruit or Vegetable			4 Tbsp	Carrots		Sweet Potatoes	Squash	Green Beans
<b>PM Snack</b>				Milk			Milk	
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice, Fruit or Vegetable			4-8 oz		Apple Juice			Apple Juice
Bread or Cracker			1/2 Slice/2 Pieces	W.Wheat Crackers	Wafers	Cookie	Saltines	W.Wheat Crackers

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	10-Apr	11-Apr	12-Apr	13-Apr	14-Apr
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Peaches	Applesauce	Pears	Applesauce	Bananas
<b>AM Snack</b>					Milk	Milk		Milk
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice or fruit				Apple Juice			White Grape Juice	Applesauce
Bread or Cracker			1/2 Slice/2 Pieces	Goldfish Cracker	Saltine Cracker	Wheat Thins	Oatmeal Cookie	W.Wheat Crackers
<b>Lunch &amp; Dinner</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enriched Bread	Fahita Wrap	Pasta	Bread	Pasta
Meat			3 Tbsp	Chicken	Beef	Chicken	Turkey	Cheese
Fruit or Vegetable			4 Tbsp	Squash	Corn	Green Beans	Bananas	Sweet Potatoes
<b>PM Snack</b>					Milk		Milk	
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice, Fruit or Vegetable			4-8 oz	Bananas		Apple Juice		White Grape Juice
Bread or Cracker			1/2 Slice/2 Pieces	Graham Cracker	Wafers	W.Wheat Crackers	Saltines	Cookie

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	17-Apr	18-Apr	19-Apr	20-Apr	21-Apr

<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Peaches	Applesauce	Bananas	Applesauce	Pears
<b>AM Snack</b>					Milk		Milk	Milk
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice or fruit				Apple Juice		White Grape Juice		
Bread or Cracker			1/2 Slice/2 Pieces	Cheese Crackers	Oatmeal Cookies	Wheat Thins	Saltine Cracker	Graham Cracker
<b>Lunch &amp; Dinner</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Egg Noodles	Rice	Enriched Bread	Enriched Bread	Egg Noodles
Meat			3 Tbsp	Beef	Chicken	Cheese	Turkey	Chicken
Fruit or Vegetable			4 Tbsp	Carrots	Green Beans	Sweet Potatoes	Carrots	Green Beans
<b>PM Snack</b>				Milk		Milk	Milk	
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice, Fruit or Vegetable			4-8 oz		White Grape Juice			Apple Juice
Bread or Cracker			1/2 Slice/2 Pieces	W.Wheat Crackers	Wafers	Cookie	Saltines	Graham Cracker

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	24-Apr	25-Apr	26-Apr	27-Apr	28-Apr
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Applesauce	Peaches	Applesauce	Peaches	Applesauce
<b>AM Snack</b>						Milk		Milk
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice or fruit				Peaches	Apple Juice		Apple Juice	
Bread or Cracker			1/2 Slice/2 Pieces	Enriched Bread	Cheese Cracker	Oatmeal Cookie	Saltine Cracker	Graham Cracker
<b>Lunch &amp; Dinner</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enriched Bread	Enriched Bread	Enriched Bread	Egg Noodles	Rice
Meat			3 Tbsp	Chicken	Turkey	Cheese	Beef	Chicken
Fruit or Vegetable			4 Tbsp	Squash	Corn	Green Beans	Bananas	Sweet Potatoes
<b>PM Snack</b>				Milk	Milk		Milk	
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice, Fruit or Vegetable			4-8 oz			Bananas		White Grape Juice
Bread or Cracker			1/2 Slice/2 Pieces	Van. Wafer	W.Wheat Crackers	Graham Cracker	Enr. Brd	Cookie

# Infant Menu-May 2017

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	1-May	2-May	3-May	4-May	5-May
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Peaches	Applesauce	Pears	Applesauce	Bananas
<b>AM Snack</b>					Milk			Milk
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice or fruit				Apple Juice		Pears	Apple Juice	
Bread or Cracker			1/2 Slice/2 Pieces	Cheese Crackers	WW Cookie	Wheat Thins	Cookie	Enriched Brd
<b>Lunch &amp; Dinner</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enriched Bread	Enriched Roll	Crackers	Enriched Brd	Spaghetti Pasta
Meat			3 Tbsp	Chicken	Turkey	Beef	Chicken	Beef
Fruit or Vegetable			4 Tbsp	Carrots	Green Beans	Sweet Potatoes	Squash	Green Beans
<b>PM Snack</b>				Milk			Milk	
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice, Fruit or Vegetable			4-8 oz		Apple Juice			Apple Juice
Bread or Cracker			1/2 Slice/2 Pieces	W.Wheat Crackers	Wafers	Cookie	Saltines	W.Wheat Crackers

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	8-May	9-May	10-May	11-May	12-May
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Peaches	Applesauce	Pears	Applesauce	Bananas
<b>AM Snack</b>					Milk	Milk		Milk
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice or fruit				Apple Juice			White Grape Juice	Applesauce
Bread or Cracker			1/2 Slice/2 Pieces	Goldfish Cracker	Saltine Cracker	Wheat Thins	Oatmeal Cookie	W.Wheat Crackers
<b>Lunch &amp; Dinner</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enriched Bread	Fahita Wrap	Pasta	Bread	Pasta
Meat			3 Tbsp	Chicken	Beef	Turkey	Chicken	Beef
Fruit or Vegetable			4 Tbsp	Squash	Corn	Green Beans	Bananas	Sweet Potatoes
<b>PM Snack</b>					Milk		Milk	
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice, Fruit or Vegetable			4-8 oz	Bananas		Apple Juice		White Grape Juice
Bread or Cracker			1/2 Slice/2 Pieces	Graham Cracker	Wafers	W.Wheat Crackers	Saltines	Cookie

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	15-May	16-May	17-May	18-May	19-May
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk

Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Peaches	Applesauce	Bananas	Applesauce	Pears
<b>AM Snack</b>					Milk		Milk	Milk
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice or fruit				Apple Juice		White Grape Juice		
Bread or Cracker			1/2 Slice/2 Pieces	Cheese Crackers	Oatmeal Cookies	Wheat Thins	Saltine Cracker	Graham Cracker
<b>Lunch &amp; Dinner</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Egg Noodles	Rice	Enriched Bread	Enriched Bread	Egg Noodles
Meat			3 Tbsp	Chicken	Beef	Turkey	Chicken	Beef
Fruit or Vegetable			4 Tbsp	Carrots	Green Beans	Sweet Potatoes	Carrots	Green Beans
<b>PM Snack</b>				Milk		Milk	Milk	
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice, Fruit or Vegetable			4-8 oz		White Grape Juice			Apple Juice
Bread or Cracker			1/2 Slice/2 Pieces	W.Wheat Crackers	Wafers	Cookie	Saltines	Graham Cracker

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	22-May	23-May	24-May	25-May	26-May
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Applesauce	Peaches	Applesauce	Peaches	Applesauce
<b>AM Snack</b>				Milk		Milk		Milk
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice or fruit				Peaches	Apple Juice		Apple Juice	
Bread or Cracker			1/2 Slice/2 Pieces	Enriched Bread	Cheese Cracker	Oatmeal Cookie	Saltine Cracker	Graham Cracker
<b>Lunch &amp; Dinner</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enriched Bread	Enriched Bread	Enriched Bread	Egg Noodles	Rice
Meat			3 Tbsp	Chicken	Beef	Turkey	Chicken	Beef
Fruit or Vegetable			4 Tbsp	Squash	Corn	Green Beans	Bananas	Sweet Potatoes
<b>PM Snack</b>				Milk	Milk		Milk	
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron	Similac Advancel w/ Iron
Juice, Fruit or Vegetable			4-8 oz			Bananas		White Grape Juice
Bread or Cracker			1/2 Slice/2 Pieces	Van. Wafer	W.Wheat Crackers	Graham Cracker	Enr. Brd	Cookie

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	29-May	30-May	31-May		
<b>Breakfast</b>					Milk	Milk		
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	CLOSED IN OBSERVANCE	Similac Advancel w/ Iron	Similac Advancel w/ Iron		
Cereal w/Iron		2Tbsp	3 Tbs	OF MEMORIAL DAY	Rice	Rice		
Fruit or Vegetable			2 Tbsp		Peaches	Peaches		
<b>AM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz		Similac Advancel w/ Iron	Similac Advancel w/ Iron		

Juice or fruit					Apple Juice	Apple Juice		
Bread or Cracker			1/2 Slice/2 Pieces		Saltine Cracker	Cheese Crackers		
<b>Lunch &amp; Dinner</b>					Milk	Milk		
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz		Similac Advancel w/ Iron	Similac Advancel w/ Iron		
Cereal w/Iron		2 Tbsp	3 Tbsp		Rice	Rice		
Bread or bread substitute			1/2 Slice/2 Pieces		Egg Noodles	Enriched Bread		
Meat			3 Tbsp		Beef	Chicken		
Fruit or Vegetable			4 Tbsp		Bananas	Carrots		
<b>PM Snack</b>					Milk	Milk		
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz		Similac Advancel w/ Iron	Similac Advancel w/ Iron		
Juice, Fruit or Vegetable			4-8 oz					
Bread or Cracker			1/2 Slice/2 Pieces		Enr. Brd	W.Wheat Crackers		

# Infant Menu-June 2017

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos				1-Jun	2-Jun
<b>Breakfast</b>							Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz				Similac Advance w Iron	Similac Advance w Iron
Cereal w/Iron		2Tbsp	3 Tbs				Rice	Rice
Fruit or Vegetable			2 Tbsp				Pears	Bananas
<b>AM Snack</b>							Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz				Similac Advance w Iron	Similac Advance w Iron
Juice or fruit							Oranges	Applesauce
Bread or Cracker			1/2 Slice/2 Pieces				Cheese Crackers	Graham Crackers
<b>Lunch &amp; Dinner</b>							Milk	Milk
Formula or breast milk	4-6 oz	6-8 oz	4-8 oz				Similac Advance w Iron	Similac Advance w Iron
Cereal w/Iron		2 Tbsp	3 Tbsp				Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces				Enr Bread	Enr Bread
Meat			3 Tsp				Chicken	Beef
Fruit or Vegetable							Broccoli	Oranges
<b>PM Snack</b>							Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz				Similac Advance w Iron	Similac Advance w Iron
Juice, Fruit or Vegetable			4-8 oz				Orange Juice	Milk
Bread or Cracker			1/2 Slice/2 Pieces				Saltines	W.Wheat Crackers

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	5-Jun	6-Jun	7-Jun	8-Jun	9-Jun
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Apples	Peaches	Cantaloupe	Applesauce	Bananas
<b>AM Snack</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice or fruit				Apple Juice	Pineapple	White Grape Juice	Bananas	Strawberries
Bread or Cracker			1/2 Slice/2 Pieces	Oatmeal Cookie	Fruit Bar	Teething Biscuits	Oatmeal Cookie	Teething Biscuits
<b>Lunch &amp; Dinner</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	6-8 oz	4-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enr Bread	Enr Bread	Enr Bread	Enr Bread	Enr Bread
Meat			3 Tsp	Chicken	Beef	Turkey	Beef	Chicken
Fruit or Vegetable				Applesauce	Peaches	Oranges	Carrots	Apples
<b>PM Snack</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice, Fruit or Vegetable			4-8 oz	Mozzarella Cheese		Bananas	Apple Juice	Berry Juice
Bread or Cracker			1/2 Slice/2 Pieces	Teething Biscuits	Teething Biscuits	Vanilla Wafers	Saltines	Oatmeal Cookies

## INFANT MENU

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	12-Jun	13-Jun	14-Jun	15-Jun	16-Jun
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Pineapple	Applesauce	Oranges	Apples	Bananas

<b>AM Snack</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice or fruit				Strawberries	Apples	Oranges	Applesauce	Pineapple
Bread or Cracker			1/2 Slice/2 Pieces	Teething Biscuits	Yogurt	Ritz Crackers	Fruit Bar	Graham Cracker
<b>Lunch &amp; Dinner</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	6-8 oz	4-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enr Bread	Enr Bread	Enr Bread	Enr Bread	Enr Bread
Meat			3 Tsp	Beef	Chicken	Turkey	Beef	Chicken
Fruit or Vegetable				Broccoli	Peas	Green Beans	Oranges	Mixed Veggies
<b>PM Snack</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice, Fruit or Vegetable			4-8 oz	Apple Juice	White Grape Juice	Apples	Apple Juice	Apple Juice
Bread or Cracker			1/2 Slice/2 Pieces	Muffin	Saltines	NutriGrain Bar	Rice Krispy Treats	Teething Biscuits

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	19-Jun	20-Jun	21-Jun	22-Jun	23-Jun
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Apples	Pineapple	Bananas	Oranges	Applesauce
<b>AM Snack</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice or fruit				Apples	Pineapple	Strawberries	Oranges	Applesauce
Bread or Cracker			1/2 Slice/2 Pieces	Teething Biscuit	Ritz Crackers	Graham Crackers	Cheese Crackers	Oatmeal Cookies
<b>Lunch &amp; Dinner</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	6-8 oz	4-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enr Bread	Enr Bread	Enr Bread	Enr Bread	Enr Bread
Meat			3 Tsp	Beef	Turkey	Chicken	Beef	Chicken
Fruit or Vegetable				Pineapple	Green Beans	Mixed Veggies	Apples	Green Beans
<b>PM Snack</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice, Fruit or Vegetable			4-8 oz	Apples	Grape Juice	Apple Juice	Orange Juice	Orange Juice
Bread or Cracker			1/2 Slice/2 Pieces	Teething Biscuits	Teething Biscuits	Animal Crackers	NutriGrain	Rice Krispy Treats

## Infant Menu

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	26-Jun	27-Jun	28-Jun	29-Jun	
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Apples	Peaches	Cantaloupe	Applesauce	Bananas
<b>AM Snack</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice or fruit				Apple Juice	Pineapple	White Grape Juice	Bananas	Ineapple
Bread or Cracker			1/2 Slice/2 Pieces	Oatmeal Cookie	Fruit Bar	Teething Biscuits	Oatmeal Cookie	Teething Biscuits
<b>Lunch &amp; Dinner</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	6-8 oz	4-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enr Bread	Enr Bread	Enr Bread	Enr Bread	Enr Bread



Meat			3 Tsp	Chicken	Beef	Turkey	Beef	Turkey					
Fruit or Vegetable				Applesauce	Peaches	Oranges	Carrots	Mixed Veggies, Apples					
<b>PM Snack</b>				Milk	Milk	Milk	Milk	Milk					
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron					
Juice, Fruit or Vegetable			4-8 oz	Mozzarella Cheese		Bananas	Apple Juice						
Bread or Cracker			1/2 Slice/2 Pieces	Teething Biscuits	Teething Biscuits	Vanilla Wafers	Saltines	Ritz Crackers & Cheese					

# Infant Menu-July 2017

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	3-Jul	4-Jul	5-Jul	6-Jul	7-Jul
<b>Breakfast</b>				Milk		Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron		Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Cereal w/Iron		2Tbsp	3 Tbs	Rice	<b>CLOSED FOR HOLIDAY</b>	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Peaches		Bananas	Applesauce	Bananas
<b>AM Snack</b>				Milk				Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron		Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice or fruit				Pineapples		Pears	Bananas	Strawberries
Bread or Cracker			1/2 Slice/2 Pieces	Fruit Bar		Cheese Crackers	Oatmeal Cookies	Yougurt
<b>Lunch &amp; Dinner</b>				Milk		Milk	Milk	Milk
Formula or breast milk	4-6 oz	6-8 oz	4-8 oz	Similac Advance w Iron		Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Cereal w/Iron		2 Tbsp	3 Tbsp	Rice		Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enr. Bread		Enr. Bread	Enr. Bread	Enr. Bread
Meat			3 Tsp	Beef		Turkey	Chicken	Beef
Fruit or Vegetable			3 Tsp	Green Beans		Bananas	Oranges	Carrots
<b>PM Snack</b>				Milk		Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron		Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice, Fruit or Vegetable			4-8 oz	Apples		Apple Juice	Apple Juice	Mixed Berry Juice
Bread or Cracker			1/2 Slice/2 Pieces	Vanilla Waffers		Bananas	Saltines	Teething Creackers

# Infant Menu

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	10-Jul	11-Jul	12-Jul	13-Jul	14-Jul
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Pineapple	Applesauce	Oranges	Apples	Bananas
<b>AM Snack</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice or fruit				Mix Juices	Apples	Pears	Pears	Pineapple
Bread or Cracker			1/2 Slice/2 Pieces	Strawberries	Teething Biscuits	Ritz Crackers	Fruit Bar	Graham Crackers
<b>Lunch &amp; Dinner</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	6-8 oz	4-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread
Meat			3 Tsp	Beef	Chicken	Beef	Turkey	Chicken
Fruit or Vegetable			3 Tsp	Broccoli	Peas	Green Beans	Oranges	Mixed Veggies
<b>PM Snack</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice, Fruit or Vegetable			4-8 oz	Apples	Grape Juice	Bananas	Apple Juice	White Grape Juice

Bread or Cracker			1/2 Slice/2 Pieces	Muffin	Saltine Crackers	Teething Biscuits	Rice Krispie Treat	Teething Biscuit
<b>Date</b>	<b>Age</b>	<b>Age</b>	<b>Age</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	<b>0-3 Mos</b>	<b>4-7 Mos</b>	<b>8-11 Mos</b>	<b>17-Jul</b>	<b>18-Jul</b>	<b>19-Jul</b>	<b>20-Jul</b>	<b>21-Jul</b>
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Apples	Pineapple	Bananas	Oranges	Applesauce
<b>AM Snack</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice or fruit				Apple Juice	Pineapple	Strawberries	Oranges	Applesauce
Bread or Cracker			1/2 Slice/2 Pieces	Mozzarella Cheese	Teething Biscuits	Graham Crackers	Saltine Cracker	Vanilla Waffers
<b>Lunch &amp; Dinner</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	6-8 oz	4-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread
Meat			3 Tsp	Beef	Chicken	Turkey	Chicken	Turkey
Fruit or Vegetable			3 Tsp	Pineapple	Green Beans	Green Beans	Mixed Veggies	Green Beans
<b>PM Snack</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice, Fruit or Vegetable			4-8 oz	Mixed Fruit	White Grape Juice	Apple Juice	Orange Juice	Orange Juice
Bread or Cracker			1/2 Slice/2 Pieces	Teething Biscuits	Animal Crackers	Teething Biscuits	Fruit Bar	Rice Krispy Treats

## Infant Menu

<b>Date</b>	<b>Age</b>	<b>Age</b>	<b>Age</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	<b>0-3 Mos</b>	<b>4-7 Mos</b>	<b>8-11 Mos</b>	<b>24-Jul</b>	<b>25-Jul</b>	<b>26-Jul</b>	<b>27-Jul</b>	<b>28-Jul</b>
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Bananas	Applesauce	Pears	Pineapple	Peaches
<b>AM Snack</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice or fruit				Peaches	Bananas	Watermelon	Goldfish	Peaches
Bread or Cracker			1/2 Slice/2 Pieces	Muffin	Animal Crackers	Teething Biscuits	Apples	Fruit Bar
<b>Lunch &amp; Dinner</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	6-8 oz	4-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread
Meat			3 Tsp	Chicken	Beef	Chicken	Turkey	Beef
Fruit or Vegetable			3 Tsp	Pineapples	Peas	Green Beans	Peaches	Oranges
<b>PM Snack</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice, Fruit or Vegetable			4-8 oz	Apple Juice	Grape Juice	Apples	Berry Juice	Apple Juice

Bread or Cracker			1/2 Slice/2 Pieces	Mozzarella Sticks	Vanilla Waffers	Dry Cereal	Teething Biscuits	Vanilla Waffers
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## Infant Menu

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	31-Jul				
<b>Breakfast</b>				Milk				
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron				
Cereal w/Iron		2Tbsp	3 Tbs	Rice				
Fruit or Vegetable			2 Tbsp	Peaches				
<b>AM Snack</b>								
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron				
Juice or fruit				Apple Juice				
Bread or Cracker			1/2 Slice/2 Pieces	Cheese Crackers				
<b>Lunch &amp; Dinner</b>				Milk				
Formula or breast milk	4-6 oz	6-8 oz	4-8 oz	Similac Advance w Iron				
Cereal w/Iron		2 Tbsp	3 Tbsp	Rice				
Bread or bread substitute			1/2 Slice/2 Pieces	Enriched Bread				
Meat			3 Tsp	Chicken				
Fruit or Vegetable			3 Tsp	Green Beans				
<b>PM Snack</b>								
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron				
Juice, Fruit or Vegetable			4-8 oz					
Bread or Cracker			1/2 Slice/2 Pieces	W.Wheat Crackers				

# Infant Menu-August 2017

Date	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
	0-3 Mos	4-7 Mos	8-11 Mos		1-Aug	2-Aug	3-Aug	4-Aug
<b>Breakfast</b>					Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz		Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2Tbsp	3 Tbs		Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp		Applesauce	Pears	Applesauce	Bananas
<b>AM Snack</b>								
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz		Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice or fruit						Pears	Apple Juice	
Bread or Cracker			1/2 Slice/2 Pieces		Oatmeal Cookies	Gold Fish	Cookie	Enriched Brd
<b>Lunch &amp; Dinner</b>					Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	6-8 oz	4-8 oz		Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2 Tbsp	3 Tbsp		Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces		Enriched Roll	Crackers	Enriched Brd	Spaghetti Pasta
Meat			3 Tsp		Turkey	Beef	Turkey	Beef
Fruit or Vegetable			3 Tsp		Sweet Potatoes	Peas	Peaches	Carrots
<b>PM Snack</b>								
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz		Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice, Fruit or Vegetable			4-8 oz		Apple Juice	Peaches		Apple Juice
Bread or Cracker			1/2 Slice/2 Pieces		Wafers	Cookie	Saltines	W.Wheat Crackers

Date	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
	0-3 Mos	4-7 Mos	8-11 Mos	7-Aug	8-Aug	9-Aug	10-Aug	11-Aug
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Peaches	Applesauce	Pears	Applesauce	Bananas
<b>AM Snack</b>								
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice or fruit				Apple Juice			White Grape Juice	Applesauce
Bread or Cracker			1/2 Slice/2 Pieces	Oatmeal Cookies	Saltine Cracker	Wheat Thins	Oatmeal Cookie	W.Wheat Crackers
<b>Lunch &amp; Dinner</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	6-8 oz	4-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread
Meat			3 Tsp	Chicken	Turkey	Chicken	Beef	Turkey
Fruit or Vegetable			3 Tsp	Carrots	Peaches	Green Beans	Sweet Potatoes	Peas
<b>PM Snack</b>								
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice, Fruit or Vegetable			4-8 oz		Apple Juice	Bananas		White Grape Juice
Bread or Cracker			1/2 Slice/2 Pieces	W.Wheat Crackers	Wafers	W.Wheat Crackers	Saltines	W.Wheat Crackers

# Infant Menu

Date	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
	0-3 Mos	4-7 Mos	8-11 Mos	14-Aug	15-Aug	16-Aug	17-Aug	18-Aug
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Peaches	Applesauce	Bananas	Applesauce	Pears
<b>AM Snack</b>								
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice or fruit				Apple Juice		White Grape Juice		
Bread or Cracker			1/2 Slice/2 Pieces	Cheese Crackers	Oatmeal Cookies	Wheat Thins	Saltine Cracker	Graham Cracker
<b>Lunch &amp; Dinner</b>								
Formula or breast milk	4-6 oz	6-8 oz	4-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread
Meat			3 Tsp	Beef	Chicken	Beef	Turkey	Chicken
Fruit or Vegetable			3 Tsp	Green Beans	Sweet Potatoes	Peas	Peaches	Carrots
<b>PM Snack</b>								
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice, Fruit or Vegetable			4-8 oz		White Grape Juice	Pears		Apple Juice
Bread or Cracker			1/2 Slice/2 Pieces	W.Wheat Crackers	Wafers	Cookie	Saltines	W.Wheat Crackers
Date	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
	0-3 Mos	4-7 Mos	8-11 Mos	21-Aug	22-Aug	23-Aug	24-Aug	25-Aug
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Applesauce	Pears	Pears	Peaches	Pears
<b>AM Snack</b>								
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice or fruit					Apple Juice	Apple Juice	Apple Juice	Pears
Bread or Cracker			1/2 Slice/2 Pieces	Enriched Bread	Cookie	Cookie	Cheese Cracker	Wheat Thins
<b>Lunch &amp; Dinner</b>								
Formula or breast milk	4-6 oz	6-8 oz	4-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread
Meat			3 Tsp	Chicken	Beef	Chicken	Turkey	Chicken
Fruit or Vegetable			3 Tsp	Pears	Carrots	Peas	Peaches	Mixed Vegies
<b>PM Snack</b>								
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice, Fruit or Vegetable			4-8 oz		Apple Juice	Apple Juice		Apple Juice
Bread or Cracker			1/2 Slice/2 Pieces	W.Wheat Crackers	Graham Cracker	Graham Cracker	W.Wheat Crackers	Cookie

# Infant Menu

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	28-Aug	29-Aug	30-Aug	31-Aug	
<b>Breakfast</b>				Milk	Milk	Milk	Milk	
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	
Infant Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	
Fruit or Vegetable			2 Tbsp	Bananas	Applesauce	Pears	Peaches	
<b>AM Snack</b>								
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	
Juice or fruit							Apple Juice	
Bread or Cracker			1/2 Slice/2 Pieces	Enriched Brd	Saltine Cracker	Wheat Thins	Cheese Crackers	
<b>Lunch &amp; Dinner</b>				Milk	Milk	Milk	Milk	
Formula or breast milk	4-6 oz	6-8 oz	4-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	
Infant Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	
Bread or bread substitute			1/2 Slice/2 Pieces	Enr. Bread	Enr. Bread	Enr. Bread	Enriched Bread	
Meat			3 Tsp	Beef	Turkey	Chicken	Chicken	
Fruit or Vegetable			3 Tsp	Peas	Peaches	Green Beans	Sweet Potatoes	
<b>PM Snack</b>								
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	
Juice, Fruit or Vegetable			4-8 oz	Apple Juice	Pear Juice	Bananas		
Bread or Cracker			1/2 Slice/2 Pieces	W.Wheat Crackers	Wafers	W.Wheat Crackers	W.Wheat Crackers	

# Infant Menu-September 2017

Date	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
	0-3 Mos	4-7 Mos	8-11 Mos					1-Sep
<b>Breakfast</b>								Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz					Similac Advance w Iron
Infant Cereal w/Iron		2Tbsp	3 Tbs					Rice
Fruit or Vegetable			2 Tbsp					Bananas
<b>AM Snack</b>								Milk
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz					Similac Advance w Iron
Juice or fruit								
Bread or Cracker			1/2 Slice/2 Pieces					Enriched Brd
<b>Lunch &amp; Dinner</b>								Milk
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz					Similac Advance w Iron
Infant Cereal w/Iron		2 Tbsp	3 Tbsp					Rice
Bread or bread substitute			1/2 Slice/2 Pieces					Enr. Bread
Meat			3 Tbsp					Turkey
Fruit or Vegetable			4 Tbsp					Sweet Potatoes
<b>PM Snack</b>								Similac Advance w Iron
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz					Apple Juice
Juice, Fruit or Vegetable			4-8 oz					W.Wheat Crackers
Bread or Cracker			1/2 Slice/2 Pieces					

Date	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
	0-3 Mos	4-7 Mos	8-11 Mos	4-Sep	5-Sep	6-Sep	7-Sep	8-Sep
<b>Breakfast</b>				<b>Center Closed-Holiday</b>	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz		Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2Tbsp	3 Tbs		Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp		Applesauce	Pears	Applesauce	Bananas
<b>AM Snack</b>					Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz			Pears	Apple Juice	
Juice or fruit						Wheat Thins	Cookie	Enriched Brd
Bread or Cracker			1/2 Slice/2 Pieces		Oatmeal Cookies			
<b>Lunch &amp; Dinner</b>					Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz		Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2 Tbsp	3 Tbsp		Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces		Enriched Roll	Crackers	Enriched Brd	Spaghetti Pasta
Meat			3 Tbsp		Turkey	Beef	Chicken	Beef
Fruit or Vegetable			4 Tbsp		Green Beans	Sweet Potatoes	Carrots	Grn Beans
<b>PM Snack</b>					Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz			Bananas		Apple Juice
Juice, Fruit or Vegetable			4-8 oz		Apple Juice	Cookie	Saltines	W.Wheat Crackers
Bread or Cracker			1/2 Slice/2 Pieces		Wafers			



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	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	11-Sep	12-Sep	13-Sep	14-Sep	15-Sep
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Peaches	Applesauce	Pears	Applesauce	Bananas
<b>AM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice or fruit				Apple Juice		White Grape Juice		Applesauce
Bread or Cracker			1/2 Slice/2 Pieces	Goldfish Cracker	Saltine Cracker	Wheat Thins	Oatmeal Cookie	W.Wheat Crackers
<b>Lunch &amp; Dinner</b>								
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread
Meat			3 Tbsp	Chicken	Turkey	Chicken	Beef	Turkey
Fruit or Vegetable			4 Tbsp	Carrots	Peaches	Green Beans	Pears	Peas
<b>PM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice, Fruit or Vegetable			4-8 oz		Apple Juice	Bananas		White Grape Juice
Bread or Cracker			1/2 Slice/2 Pieces	W.Wheat Crackers	Wafers	W.Wheat Crackers	Saltines	W.Wheat Crackers

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	18-Sep	19-Sep	20-Sep	21-Sep	22-Sep
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Peaches	Applesauce	Bananas	Applesauce	Pears
<b>AM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice or fruit				Apple Juice			White Grape Juice	
Bread or Cracker			1/2 Slice/2 Pieces	Cheese Crackers	Oatmeal Cookies	Wheat Thins	Saltine Cracker	Graham Cracker
<b>Lunch &amp; Dinner</b>								
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread
Meat			3 Tbsp	Beef	Chicken	Beef	Turkey	Chicken
Fruit or Vegetable			4 Tbsp	Carrots	Peas	Green Beans	Bananas	Sweet Potatoes
<b>PM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice, Fruit or Vegetable			4-8 oz		White Grape Juice	Applesauce		Apple Juice
Bread or Cracker			1/2 Slice/2 Pieces	W.Wheat Crackers	Wafers	Cookie	Saltines	W.Wheat Crackers

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	25-Sep	26-Sep	27-Sep	28-Sep	29-Sep
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Pears	Applesauce	Peaches	Peaches	Pears
<b>AM Snack</b>							Milk	
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice or fruit				Juice	White Grape Juice	Apple Juice		Juice
Bread or Cracker			1/2 Slice/2 Pieces	Cookie	Saltine Cracker	Cheese Crackers	Saltine Crackers	Cookie
<b>Lunch &amp; Dinner</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread
Meat			3 Tbsp	Chicken	Turkey	Beef	Turkey	Chicken
Fruit or Vegetable			4 Tbsp	Carrots	Bananas	Carrots	Peas	Green Beans
<b>PM Snack</b>							Milk	
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice, Fruit or Vegetable			4-8 oz	Mixed Juice				Mixed Juice
Bread or Cracker			1/2 Slice/2 Pieces	Grahm Cracker	Saltines	W.Wheat Crackers	Wafers	Grahm Cracker

# Infant Menu-October 2017

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	2-Oct	3-Oct	4-Oct	5-Oct	6-Oct
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Pears	Bananas	Peaches	Applesauce	Bananas
<b>AM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice or fruit				Apple Juice		Apple Juice	Apple Juice	
Bread or Cracker			1/2 Slice/2 Pieces	Cracker	Enriched Brd	Cheese Cracker	Cracker	Enriched Brd
<b>Lunch &amp; Dinner</b>								
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread
Meat			3 Tbsp	Chicken	Beef	Turkey	Chicken	Beef
Fruit or Vegetable			4 Tbsp	Peas	Green Beans	Green Beans	Peaches	Carrots
<b>PM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice, Fruit or Vegetable			4-8 oz		Apple Juice			Apple Juice
Bread or Cracker			1/2 Slice/2 Pieces	Saltines	WW Cookie	W.Wheat Crackers	Saltines	W.Wheat Crackers
	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	9-Oct	10-Oct	11-Oct	12-Oct	13-Oct
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Peaches	Applesauce	Pears	Applesauce	Bananas
<b>AM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice or fruit				Apple Juice		Applesauce		Apple Juice
Bread or Cracker			1/2 Slice/2 Pieces	Cheese Crackers	Oatmeal Cookies	Wheat Thins	Cookie	Enriched Brd
<b>Lunch &amp; Dinner</b>								
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread
Meat			3 Tbsp	Chicken	Beef	Turkey	Chicken	Beef
Fruit or Vegetable			4 Tbsp	Green Beans	Peas	Carrots	Green Peans	Pears
<b>PM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice, Fruit or Vegetable			4-8 oz		Apple Juice	Peaches		Apple Juice
Bread or Cracker			1/2 Slice/2 Pieces	W.Wheat Crackers	Wafers	Cookie	Saltines	W.Wheat Crackers

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	16-Oct	17-Oct	18-Oct	19-Oct	20-Oct
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Peaches	Applesauce	Pears	Applesauce	Bananas
<b>AM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice or fruit				Apple Juice		White Grape Juice		Applesauce
Bread or Cracker			1/2 Slice/2 Pieces	Goldfish Cracker	Saltine Cracker	Wheat Thins	Oatmeal Cookie	W.Wheat Crackers
<b>Lunch &amp; Dinner</b>								
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Milk	Milk	Milk	Milk	Milk
Infant Cereal w/Iron		2 Tbsp	3 Tbsp	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Bread or bread substitute			1/2 Slice/2 Pieces	Rice	Rice	Rice	Rice	Rice
Meat			3 Tbsp	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread
Fruit or Vegetable			4 Tbsp	Chicken	Beef	Turkey	Chicken	Beef
				Carrots	Bananas	Green Beans	Pears	Peas
<b>PM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice, Fruit or Vegetable			4-8 oz		Bananas		Apple Juice	White Grape Juice
Bread or Cracker			1/2 Slice/2 Pieces	W.Wheat Crackers	Wafers	W.Wheat Crackers	Saltines	W.Wheat Crackers

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	23-Oct	24-Oct	25-Oct	26-Oct	27-Oct
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Peaches	Applesauce	Bananas	Applesauce	Pears
<b>AM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice or fruit				Apple Juice		White Grape Juice	Bananas	
Bread or Cracker			1/2 Slice/2 Pieces	Cheese Crackers	Oatmeal Cookies	Wheat Thins	Saltine Cracker	Graham Cracker
<b>Lunch &amp; Dinner</b>								
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Milk	Milk	Milk	Milk	Milk
Infant Cereal w/Iron		2 Tbsp	3 Tbsp	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Bread or bread substitute			1/2 Slice/2 Pieces	Rice	Rice	Rice	Rice	Rice
Meat			3 Tbsp	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread
Fruit or Vegetable			4 Tbsp	Chicken	Beef	Turkey	Chicken	Beef
				Green Beans	Sweet Potatoes	Peas	Peaches	Carrots
<b>PM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice, Fruit or Vegetable			4-8 oz		White Grape Juice	Mixed Juice		Apple Juice
Bread or Cracker			1/2 Slice/2 Pieces	W.Wheat Crackers	Wafers	Cookie	Saltines	W.Wheat Crackers

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	30-Oct	31-Oct			
<b>Breakfast</b>				Milk	Milk			
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron			
Infant Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice			
Fruit or Vegetable			2 Tbsp	Applesauce	Green Beans			
<b>AM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advance w Iron	Similac Advance w Iron			
Juice or fruit				Mixed Juice	Apple Juice			
Bread or Cracker			1/2 Slice/2 Pieces	Enriched Bread	Cheese Crackers			
<b>Lunch &amp; Dinner</b>								
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Milk	Milk			
Infant Cereal w/Iron		2 Tbsp	3 Tbsp	Similac Advance w Iron	Similac Advance w Iron			
Bread or bread substitute			1/2 Slice/2 Pieces	Rice	Rice			
Meat			3 Tbsp	Enr. Bread	Enr. Bread			
Fruit or Vegetable			4 Tbsp	Chicken	Turkey			
				Squash	Peas			
<b>PM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Milk	Milk			
Juice, Fruit or Vegetable			4-8 oz	Similac Advance w Iron	Similac Advance w Iron			
Bread or Cracker			1/2 Slice/2 Pieces	W.Wheat Crackers	W.Wheat Crackers			

# Infant Menu-November 2017

Date	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
	0-3 Mos	4-7 Mos	8-11 Mos	2-Nov	3-Nov	1-Nov	2-Nov	3-Nov
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Green Beans	Sweet Potatoes	Peas	Peaches	Carrots
<b>AM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice or fruit				Apple Juice		Pears	Apple Juice	
Bread or Cracker			1/2 Slice/2 Pieces	Cheese Crackers	Oatmeal Cookies	Wheat Thins	Cookie	Enriched Brd
<b>Lunch &amp; Dinner</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread
Meat			3 Tbsp	Chicken	Beef	Turkey	Chicken	Beef
Fruit or Vegetable			4 Tbsp	Carrots	Peas	Green Beans	Bananas	Sweet Potatoes
<b>PM Snack</b>				Milk		Milk		
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice, Fruit or Vegetable			4-8 oz		Apple Juice		Bananas	Apple Juice
Bread or Cracker			1/2 Slice/2 Pieces	W.Wheat Crackers	Wafers	Cookie	Saltines	W.Wheat Crackers

Date	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
	0-3 Mos	4-7 Mos	8-11 Mos	6-Nov	7-Nov	8-Nov	9-Nov	10-Nov
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Peaches	Applesauce	Pears	Applesauce	Bananas
<b>AM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice or fruit				Apple Juice			White Grape Juice	Applesauce
Bread or Cracker			1/2 Slice/2 Pieces	Goldfish Cracker	Saltine Cracker	Wheat Thins	Oatmeal Cookie	W.Wheat Crackers
<b>Lunch &amp; Dinner</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread
Meat			3 Tbsp	Chicken	Beef	Turkey	Chicken	Beef
Fruit or Vegetable			4 Tbsp	Sweet Potatoes	Peaches	Green Beans	Mixed Vegies	Peas
<b>PM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice, Fruit or Vegetable			4-8 oz		Apple Juice	Bananas		White Grape Juice
Bread or Cracker			1/2 Slice/2 Pieces	W.Wheat Crackers	Wafers	W.Wheat Crackers	Saltines	W.Wheat Crackers

# INFANT MENU

Date	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
	0-3 Mos	4-7 Mos	8-11 Mos	13-Nov	14-Nov	15-Nov	16-Nov	17-Nov
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Peaches	Applesauce	Bananas	Applesauce	Pears
<b>AM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice or fruit				Apple Juice		White Grape Juice		
Bread or Cracker			1/2 Slice/2 Pieces	Cheese Crackers	Oatmeal Cookies	Wheat Thins	Oatmeal Cookie	Graham Cracker
<b>Lunch &amp; Dinner</b>								
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread
Meat			3 Tbsp	Chicken	Beef	Turkey	Chicken	Beef
Fruit or Vegetable			4 Tbsp	Green Beans	Sweet Potatoes	Peas	Applesauce	Carrots
<b>PM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice, Fruit or Vegetable			4-8 oz		White Grape Juice			Apple Juice
Bread or Cracker			1/2 Slice/2 Pieces	W.Wheat Crackers	Wafers	Cookie	Wafers	W.Wheat Crackers

Date	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
	0-3 Mos	4-7 Mos	8-11 Mos	20-Nov	21-Nov	22-Nov	23-Nov	24-Nov
<b>Breakfast</b>				Milk	Milk	Milk		
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	HAPPY	HAPPY
Infant Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	THANKSGIVING	THANKSGIVING
Fruit or Vegetable			2 Tbsp	Applesauce	Peaches	Pears		
<b>AM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	CLOSED	CLOSED
Juice or fruit				Bananas		Juice		
Bread or Cracker			1/2 Slice/2 Pieces	Enriched Bread	Saltine Crackers	Cookie		
<b>Lunch &amp; Dinner</b>								
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron		
Infant Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice		
Bread or bread substitute			1/2 Slice/2 Pieces	Enr. Bread	Enr. Bread	Enr. Bread		
Meat			3 Tbsp	Chicken	Beef	Turkey		
Fruit or Vegetable			4 Tbsp	Carrots	Mixed Vegies	Green Beans		
<b>PM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron		
Juice, Fruit or Vegetable			4-8 oz			Apple Juice		
Bread or Cracker			1/2 Slice/2 Pieces	W.Wheat Crackers	Wafers	Graham Cracker		

# INFANT MENU

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	27-Nov	28-Nov	29-Nov	30-Nov	
<b>Breakfast</b>				Milk	Milk	Milk	Milk	
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	
Infant Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	
Fruit or Vegetable			2 Tbsp	Pears	Peaches	Sweet Potatoes	Pears	
<b>AM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	
Juice or fruit				Apple Juice	Apple Juice		Juice	
Bread or Cracker			1/2 Slice/2 Pieces	Cheese Crackers	Cheese Crackers	Oatmeal Cookies	Cookie	
<b>Lunch &amp; Dinner</b>				Milk	Milk	Milk	Milk	
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	
Infant Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	
Bread or bread substitute			1/2 Slice/2 Pieces	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread	
Meat			3 Tbsp	Turkey	Chicken	Beef	Turkey	
Fruit or Vegetable			4 Tbsp	Carrots	Grn Beans	Peas	Green Beans	
<b>PM Snack</b>					Milk			
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	
Juice, Fruit or Vegetable			4-8 oz			Apple Juice		
Bread or Cracker			1/2 Slice/2 Pieces	W.Wheat Crackers	W.Wheat Crackers	Wafers	Grahm Cracker	



## Infant Menu-December 2017

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos					1-Dec
<b>Breakfast</b>								Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz					Similac Advance w Iron
Infant Cereal w/Iron		2Tbsp	3 Tbs					Rice
Fruit or Vegetable			2 Tbsp					Bananas
<b>AM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz					Similac Advance w Iron
Juice or fruit								
Bread or Cracker			1/2 Slice/2 Pieces					Enriched Brd
<b>Lunch &amp; Dinner</b>								Milk
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz					Similac Advance w Iron
Infant Cereal w/Iron		2 Tbsp	3 Tbsp					Rice
Bread or bread substitute			1/2 Slice/2 Pieces					Enr. Bread
Meat			3 Tbsp					Beef
Fruit or Vegetable			4 Tbsp					Green Beans
<b>PM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz					Similac Advance w Iron
Juice, Fruit or Vegetable			4-8 oz					Apple Juice
Bread or Cracker			1/2 Slice/2 Pieces					W.Wheat Crackers

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	4-Dec	5-Dec	6-Dec	7-Dec	8-Dec
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Peaches	Applesauce	Pears	Applesauce	Bananas
<b>AM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice or fruit				Apple Juice		Pears	Apple Juice	
Bread or Cracker			1/2 Slice/2 Pieces	Cheese Crackers	Oatmeal Cookies	Wheat Thins	Cookie	Enriched Brd
<b>Lunch &amp; Dinner</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread
Meat			3 Tbsp	Chicken	Beef	Turkey	Chicken	Beef
Fruit or Vegetable			4 Tbsp	Green Beans	Applesauce	Bananas	Peaches	Pears
<b>PM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice, Fruit or Vegetable			4-8 oz	W.Wheat Crackers	Apple Juice	Bananas		Apple Juice
Bread or Cracker			1/2 Slice/2 Pieces		Wafers	Cookie	Saltines	W.Wheat Crackers

## Infant Menu

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	11-Dec	12-Dec	13-Dec	14-Dec	15-Dec
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Peaches	Applesauce	Pears	Applesauce	Bananas
<b>AM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice or fruit				Apple Juice			White Grape Juice	Applesauce
Bread or Cracker			1/2 Slice/2 Pieces	Goldfish Cracker	Saltine Cracker	Wheat Thins	Oatmeal Cookie	W.Wheat Crackers
<b>Lunch &amp; Dinner</b>								
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread
Meat			3 Tbsp	Chicken	Beef	Turkey	Chicken	Beef
Fruit or Vegetable			4 Tbsp	Carrots	Squash	Green Beans	Pears	Peas
<b>PM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice, Fruit or Vegetable			4-8 oz		Mixed Juice	Bananas		White Grape Juice
Bread or Cracker			1/2 Slice/2 Pieces	W.Wheat Crackers	Wafers	W.Wheat Crackers	Saltines	W.Wheat Crackers

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	18-Dec	19-Dec	20-Dec	21-Dec	22-Dec
<b>Breakfast</b>				Milk	Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2Tbsp	3 Tbs	Rice	Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp	Applesauce	Pears	Bananas	Applesauce	Applesauce
<b>AM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice or fruit				Pears	Pears	White Grape Juice		Apple Juice
Bread or Cracker			1/2 Slice/2 Pieces	Saltine Cracker	Wheat Thins	Wheat Thins	Enriched Bread	Cracker
<b>Lunch &amp; Dinner</b>								
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2 Tbsp	3 Tbsp	Rice	Rice	Rice	Rice	Rice
Bread or bread substitute			1/2 Slice/2 Pieces	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread
Meat			3 Tbsp	Turkey	Beef	Chicken	Turkey	Chicken
Fruit or Vegetable			4 Tbsp	Applesauce	Carrots	Green Beans	Pears	Carrots
<b>PM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice, Fruit or Vegetable			4-8 oz		Bananas	Peaches		
Bread or Cracker			1/2 Slice/2 Pieces	Saltines	Cookie	Cookie	W.Wheat Crackers	Saltines

## Infant Menu

	Age	Age	Age	Monday	Tuesday	Wednesday	Thursday	Friday
Date	0-3 Mos	4-7 Mos	8-11 Mos	25-Dec	26-Dec	27-Dec	28-Dec	29-Dec
<b>Breakfast</b>					Milk	Milk	Milk	Milk
Formula or breast milk	4-6 oz	4-8 oz	6-8 oz	<b>CLOSED FOR CHRISTMAS</b>	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Infant Cereal w/Iron		2Tbsp	3 Tbs		Rice	Rice	Rice	Rice
Fruit or Vegetable			2 Tbsp		Pears	Bananas	Pears	Peaches
<b>AM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz		Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Juice or fruit					White Grape Juice	Applesauce		
Bread or Cracker			1/2 Slice/2 Pieces		Oatmeal Cookie	W.Wheat Crackers	Graham Cracker	Saltine Crackers
<b>Lunch &amp; Dinner</b>								
Formula or breast milk	4-6 oz	4-8 oz	4-8 oz		Milk	Milk	Milk	Milk
Infant Cereal w/Iron		2 Tbsp	3 Tbsp		Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron
Bread or bread substitute			1/2 Slice/2 Pieces		Rice	Rice	Rice	Rice
Meat			3 Tbsp		Enr. Bread	Enr. Bread	Enr. Bread	Enr. Bread
Fruit or Vegetable			4 Tbsp		Beef	Turkey	Chicken	Beef
					Carrots	Peas	Sweet Potatoes	Applesauce
<b>PM Snack</b>								
Formula or breast milk	4-6 oz	4-6 oz	2-4 oz		Similac Advance w Iron	Similac Advance w Iron	Similac Advance w Iron	Milk
Juice, Fruit or Vegetable			4-8 oz			White Grape Juice	Apple Juice	Similac Advance w Iron
Bread or Cracker			1/2 Slice/2 Pieces		Saltines	W.Wheat Crackers	W.Wheat Crackers	Wafers